

# Individual Profile

## DELIVERY

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- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Inhibited                             | <input type="checkbox"/> Locked hip                     | <input type="checkbox"/> Used mini-gestures                            |
| <input type="checkbox"/> Well-paced                            | <input type="checkbox"/> Was stiff/unnatural            | <input type="checkbox"/> Enthusiastic                                  |
| <input type="checkbox"/> Shifted weight from one foot to other | <input type="checkbox"/> Stepped back from audience     | <input type="checkbox"/> Stood at an angle to the group                |
| <input type="checkbox"/> Used space appropriately              | <input type="checkbox"/> Reinforcing facial expressions | <input type="checkbox"/> Used spontaneous, motivated gestures          |
| <input type="checkbox"/> Overall image                         | <input type="checkbox"/> Non-words (uh, ya' know)       | <input type="checkbox"/> Was sensitive to and concerned about audience |

## HANDS

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- |   |  |  |
|---|--|--|
| <input type="checkbox"/> In pockets           | <input type="checkbox"/> Behind back   | <input type="checkbox"/> Clenched in front   |
| <input type="checkbox"/> Arms folded          | <input type="checkbox"/> Blocking face | <input type="checkbox"/> Grasping on lectern |
| <input type="checkbox"/> Unnecessary movement | <input type="checkbox"/> Well-groomed  | <input type="checkbox"/> Purposeful gestures |

## EYE CONTACT

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- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Over their heads  | <input type="checkbox"/> Too rapid/sweeping | <input type="checkbox"/> Met entire audience            |
| <input type="checkbox"/> Needs improvement | <input type="checkbox"/> Head bobbed        | <input type="checkbox"/> Level of sincerity/credibility |

## VOICE

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- |                                   |  |                                   |
|-----------------------------------|--|-----------------------------------|
| <input type="checkbox"/> Rate     | <input type="checkbox"/> Variety             | <input type="checkbox"/> Clarity  |
| <input type="checkbox"/> Emphasis | <input type="checkbox"/> Insufficient volume | <input type="checkbox"/> Monotone |
| <input type="checkbox"/> Too fast | <input type="checkbox"/> Too slow            |                                   |

## TIMING AND ORGANIZATION

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- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Effective grabber       | <input type="checkbox"/> Stayed in time limit                    | <input type="checkbox"/> Structured thought pattern   |
| <input type="checkbox"/> Too much material       | <input type="checkbox"/> Clarity of goal                         | <input type="checkbox"/> Visual aids                  |
| <input type="checkbox"/> Gained & held attention | <input type="checkbox"/> Support or amplification of main points | <input type="checkbox"/> Clear & appropriate language |